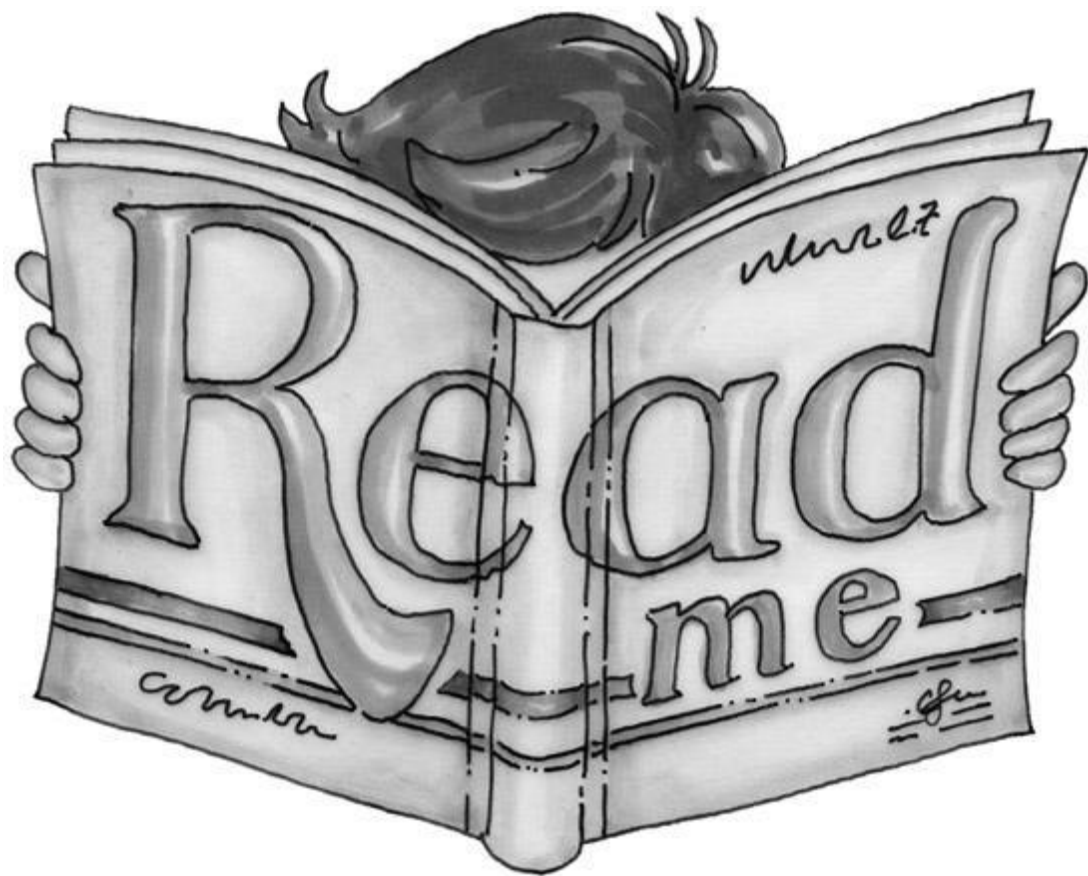


# PERSONAL READING PROGRAMME



Name \_\_\_\_\_

Independent reading should be relaxed and enjoyable.

## **Why personal reading is important?**

- It helps to build and sustain the habit of reading.
- It helps to develop reading preferences.
- It extends background knowledge, including topic-related knowledge.
- It allows the opportunity to practise and extend reading strategies with chosen texts.
- It helps to extend vocabulary and develop comprehension skills.
- It helps to sustain concentration.
- It puts the responsibility for solving problems involving words, meanings and text features into student's hands.
- It helps to build confidence in attempting more complex and challenging texts.

If students are to become lifelong readers, students need opportunities to select their own texts, read them, and share what they have read.

# HOW TO SELECT A BOOK

## STEP 1

Look at the cover of the book.

Check the title

Does it sound interesting? Funny? Exciting? Mysterious?

Do you know the author? Do you like his or her other books?

## STEP 2

Look at the 'blurb' on the back cover or inside the cover.

Read the blurb. Does it sound like a book you will enjoy?

Yes? No go to STEP 3

No? Go back to STEP 1

## STEP 3

Open the book and look at the size of the print. Is it too small or too large?

Smaller print usually means more difficult books. If it is the print size you normally read, go to STEP 4.

If it is too large or very much smaller, start again.

## STEP 4

Read the first page or two.

Use the 'rule of thumb' to find if it is too hard.

**RULE OF THUMB:** Make a fist and, as you read, lift a finger, beginning with the little finger, for each word you do not know. If you get to the thumb on the first page, then the book may be too hard for you. Do you want to go on reading? Yes? Then borrow it. If not, choose another book and begin again at STEP 1.









